

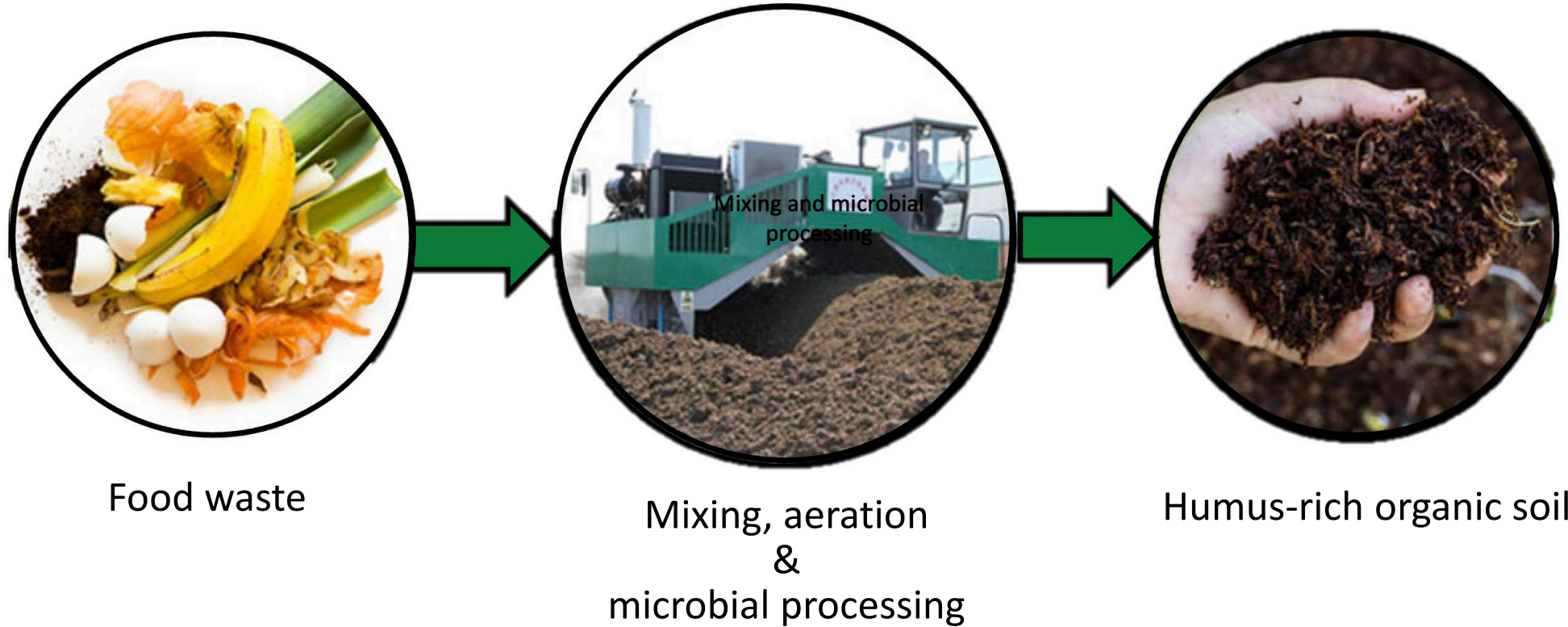
. Old St. Joseph's Composting Initiative  
Composting Food Wastes in the Rectory and Office Spaces  
Marie Nowak, Project Leader



# Marie with Her 5-Gallon Compost Bucket in the Rectory Kitchen



# Composting Turns Food Waste into a Nourishing Soil Amendment Rich in Humus and Organic Carbon



**WITH A 25 LB BUCKET OF  
FOOD WASTE  
COMPOSTED, YOU ARE  
CONTRIBUTING:**



**15  
POUNDS**  
of compost to  
nourish topsoil



**30-40%**  
more water  
retention

**3  
POUNDS**

carbon added to soil



# Composting Combats Climate Change in Two Ways



# Benefits from Marie's Composting Project

December 2 – April 14.



200 Pounds of  
Rectory Food Waste

=



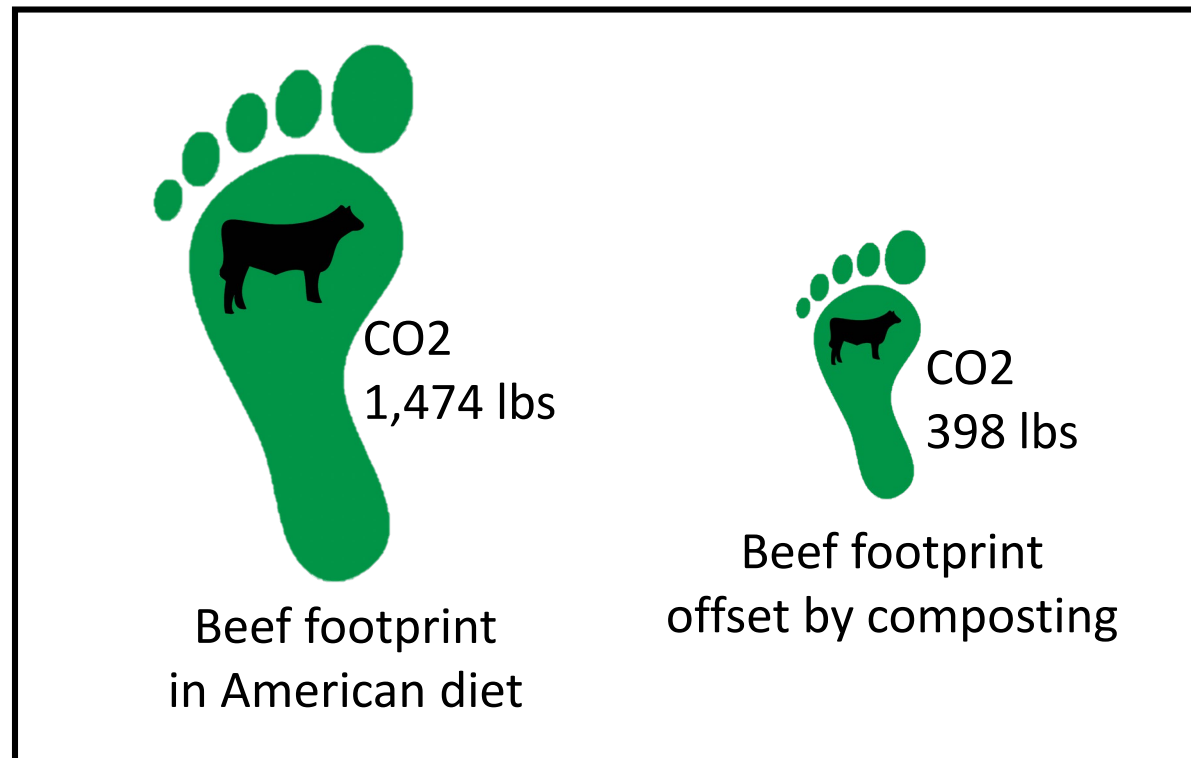
120 Pounds of Organic Soil  
Containing 25 Pounds  
of Stored Carbon

..... and No Landfill Emissions!!!!



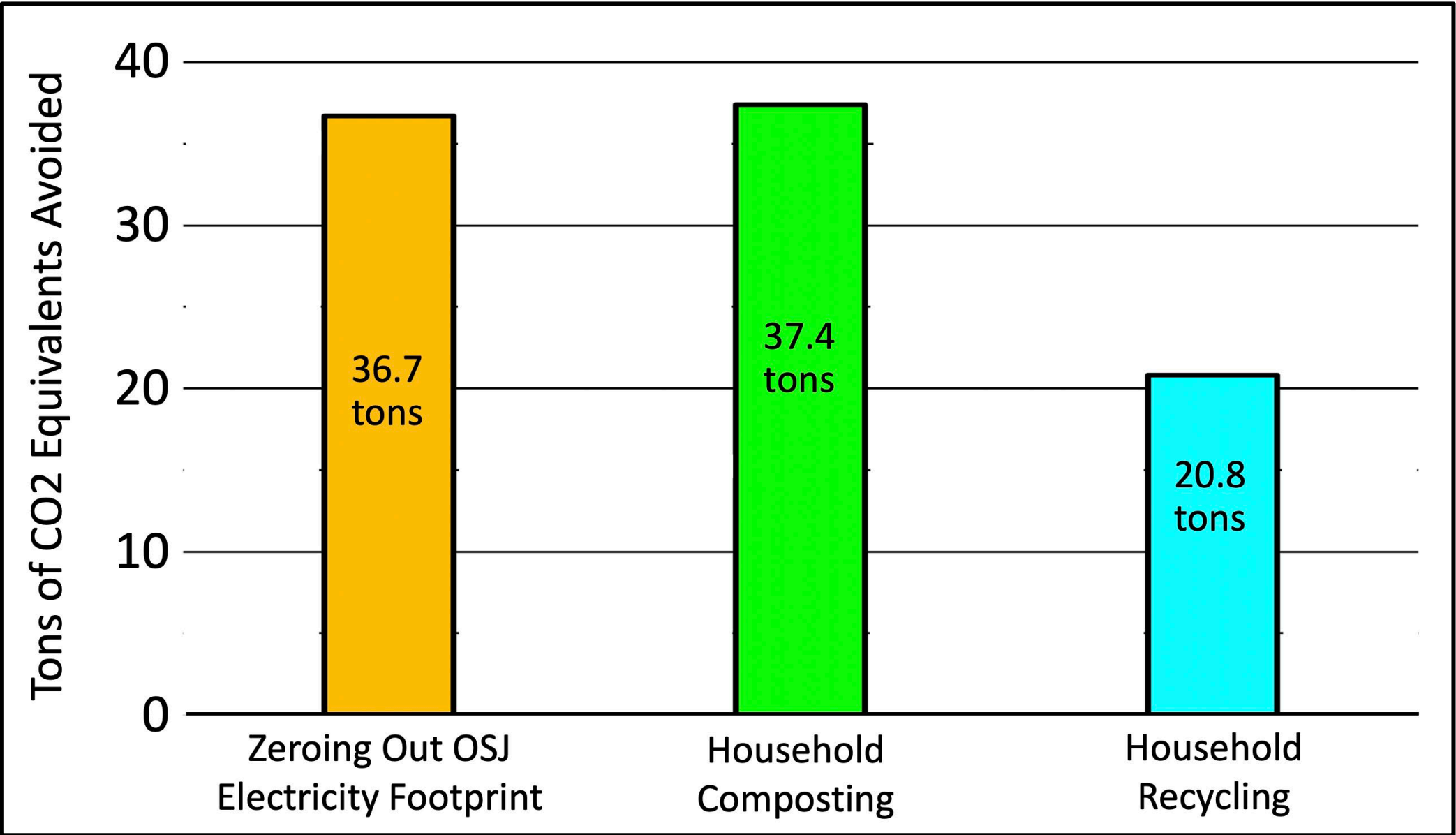
## Benefit of Marie's Composting Effort Prorated Over a Year

- Over the 4.5 month period Marie saved about 400 pounds of CO2 equivalents – prorated over a year this comes to 1,067 pounds CO2e!
- That's enough savings to offset CO2 emissions from eating 49 pounds of beef.
- That amounts to a 73% offset of beef's carbon footprint in the U.S. (based on average per capita beef consumption of 67 pounds per year).





# Potential Reduction in Carbon Footprint at Old St. Joseph's if 10% of Households Participated in Composting & Recycling



# Companies That Do Composting in Philly!

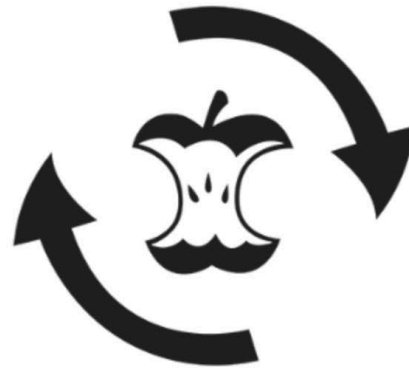
## Bennett Compost

We make composting easy – even if you live in an apartment!

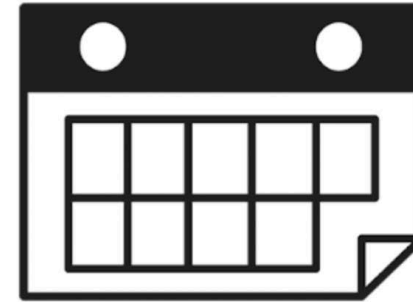
HERE'S HOW IT WORKS



We'll drop off one of our special buckets with a snap on lid that keeps smells in and pests out.



Fill your bucket with apple cores, eggshells, coffee grounds, and much more!



We'll pick up your bucket weekly – just leave it outside before you go to sleep! We'll take care of the rest

Cost: \$18/month

<https://www.bennettcompost.com/>

# Companies That Do Composting in Philly!

## Circle Compost



Cost: \$18/month (weekly pickup)  
\$12/month (every other week pickup)

<https://www.circlecompost.com/>